

Mercy Hill Discipleship Resources

(This is best used digitally, as many resources are online. Access here – <http://www.themercyhillchurch.org/mediafiles/discipleship-resources.pdf>)

Our passion is to help each other become disciples who make disciples who make disciples. The first step in that process is growing as disciples ourselves. Below we have listed 12 areas of spiritual growth, along with resources which can help bring growth in these areas.

We include lots of resources under each topic, not because anyone would use all of them, but because some might be more suited to some than others (for example, you may prefer reading over audio).

Go through these topics in the order and pace that fits you. Use these topics as you disciple yourself, and also suggest them to others to help their discipleship – so we can all be growing as disciples who make disciples who make disciples – to the glory of King Jesus.

Trusting Christ

- John Piper: [Desiring God](#) (free 4-part video or audio)
- John Piper: [Future Grace](#) (free 3-part video or audio)
- John Piper: [Future Grace](#) (book)
- John Piper: [When I Don't Desire God: How to Fight for Joy](#) (book)
- Steve Fuller: [LivingByFaithBlog.com](#)
- Steve Fuller: [Growing in Faith](#) (book) (weeks 1-5)

Bible Reading

- Use an accurate Bible translation (we recommend the ESV).
- Use a Bible reading plan. [Here's the one](#) Pastor Steve recommends. And here's a blog post describing [lots of others](#).
- Memorize the books of the Bible in order from Genesis to Revelation.
- John Piper: "Reading the Bible in Prayer and Communion with God" (in [ESV Study Bible](#)); it's free as a PDF at www.esvstudybible.org/images/excerpt-reading.pdf (go to page 2570 (4 of 10) and start 2/3rds of the way down).
- John Piper: [Desiring God](#) (book), ch. 5: "Scripture: Kindling for Christian Hedonism"
- Steve Fuller: [Growing in Faith](#) (book) (week 6, days 1-2)

Prayer

- John Piper: [Desiring God](#) (book), ch. 6: "Prayer: The Power of Christian Hedonism"
- John Miller: [A Praying Life](#) (book)
- Steve Fuller: [Growing in Faith](#) (book) (week 6, days 3-5)

Doctrine

- John Stott: [The Cross of Christ](#) (book)
- Wayne Grudem: [Bible Doctrine](#) (book)
- John Piper: [TULIP: The Pursuit of God's Glory in Salvation](#) (free 9-part audio)

Life Purpose and Management

- John Piper: "[The Story of His Glory](#)" (free audio)
- John Piper: "[Don't Waste Your Life](#)" (free article)
- Stephen Covey: [7 Habits of Highly Effective People](#) (book)

Health

[A Biblical Theology of Food](#) (blog article)
[Your Grandma Was Right: All Things in Moderation](#) (blog article)
[The South Beach Diet](#) (book)
P90X training

Marriage, Singleness, Sex

John Piper: "[Strategies for Fighting Lust](#)," short blog article explaining the acronym "Anthem" for fighting sexual lust (or any lust, for that matter).
John Piper: [Desiring God](#) (book), ch. 8: "Marriage: The Matrix for Christian Hedonism"
John Piper: "[What's The Difference? Manhood and Womanhood](#)" (free 31-page PDF)
C. J. Mahaney: [Sex, Romance, and the Glory of God](#) (book)
John Piper: "[For the Single Men and Women \(and the rest of us\)](#)" in [Recovering Biblical Manhood and Womanhood](#) (free PDF; pp.13-24)
Barry Danylak: [Redeeming Singleness: How the Storyline of the Bible affirms Singleness](#) (book)

Parenting

Ted Tripp: [Shepherding a Child's Heart](#) (book; also DVD's; Mercy Hill has 2 sets)
Paul Tripp: [Getting to the Heart of Parenting](#) (DVD's; Mercy Hill has 2 sets)
Paul Tripp: [Age of Opportunity: A Biblical Guide to Parenting Teens](#) (book)

Career

Gene Edward Veith: [God at Work: Your Christian Vocation in all of Life](#) (book)

Finances

John Piper: [Desiring God](#) (book), ch. 7: "Money: The Currency of Christian Hedonism"
Steve Fuller: [Growing in Faith](#) (book) (week 8, day 3)

Christ-Centered Community (Home Groups)

Tim Chester and Steve Timmis: [Total Church](#) (book)
Steve Fuller: [Growing in Faith](#) (book) (week 7, days 1-3)

Mission

Steve Fuller: [How to Have Gospel Conversations](#) (PDF)
Steve Fuller: [How to Share Your Testimony](#) (PDF)
Steve Fuller: [How to Share the Gospel](#) (The Seven Scriptures; PDF)
C. John Miller: [A Faith Worth Sharing: A Lifetime of Conversations About Christ](#) (book)
Tim Chester and Steve Timmis: [Total Church](#) (book)
Mark Driscoll: [The Radical Reformation: Reaching out without Selling out](#) (book)
Steve Fuller: [Growing in Faith](#) (book) (week 7, days 4-5)